[DATE]

Dear [Insert MP name],

**Re: Fully-accessible Changing Places Toilets**

I am writing to you as your constituent to ask for your support of the Changing Places Toilet campaign.

Fully-accessible Changing Places Toilets are essential for more than a quarter of a million people across the UK. They are different from standard accessible toilets as they provide extra equipment (a bench and a hoist) and space to allow disabled people to use the toilet in safety and comfort.

Too often, because there aren’t enough Changing Places Toilets available, people with severe disabilities face the option of not leaving their homes, limiting fluid intake on days out, or having to be changed on dirty toilet floors. Some people have even elected to have surgery to remove the anxiety about when they will be able to access a toilet. These are not choices people should have to face.

19 July marks Changing Places Awareness Day. There are currently just over 1,610 registered Changing Places Toilets across the UK but more are desperately needed.

[You could include some personal information here – for example: “My 10-year-old son, Charlie, has a condition called Duchenne muscular dystrophy, and when we go out, we need a Changing Places toilet. If there aren’t any available, why should we cut our day short, or change him on a dirty floor? Having more Changing Places would give Charlie much more independence, and allow us to enjoy more days out as a family”]

Changing Places toilets are a much-needed lifeline for disabled people and their families. Please give your support and help raise awareness of the vital need of Changing Places Toilets.

To find out more about the Changing Places campaign and how many Changing Places Toilets there are in the local area, visit: [www.changing-places.org](http://www.changing-places.org).

Yours sincerely,

{Your name}, {your address}